



Keep Calm and Make Music

Weekly Wonder

Marvellous Me - KS1



Hampshire
County Council



Getting Creative with a Song





Marvellous Me



- Listen to the song
- Feel the long notes – stretch your arms wide apart to show the long notes



- Find a scarf, ribbon or something similar and listen to the song again, stretching the fabric between your hands as you hear the long notes

- Explore your own long sounds





Long and short sounds

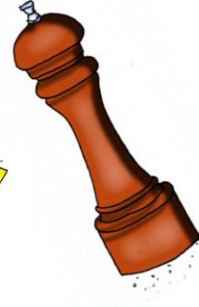


- Explore sounds in your environment (in school or at home)

• Can you find sounds which are long?

• Which sounds are short?

• Can you make long and short sounds with the same things?



- Try sorting them into groups of long sounds and short sounds
- Try playing your long/short sounds with the song backing

Long and short sound patterns

- Here is a symbol which shows a long sound
 ...try playing it

- And this one shows a short sound  ... try playing this too

- Use your favourite sounds to play this pattern...



- Now try this pattern



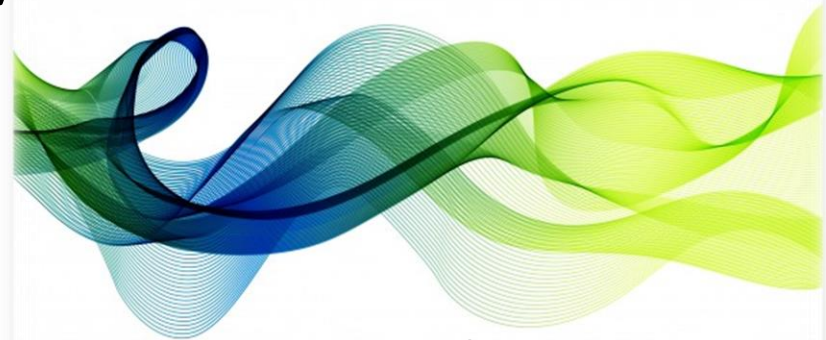
More long and short patterns

- Could you make up your own pattern?

(there are some short and long symbols on the next page that you could print and cut out)

- Could you make your own symbols to show short and long?

- Try creating your own patterns using your long and short sounds – find someone who can have a go playing yours and see if you can play theirs.



Long and short symbols to cut out



Time to....

**LISTEN
UP!**



- Here is a piece of music called [Eternity by Vangelis](#)

Enjoying wiggling and jumping to the short sounds at the beginning and then stretch with the longer sounds



Try using a scarf or ribbon as you move



Listen to the song again....



- Join in with the singing, really singing the long sounds

- Make up your own actions to the words

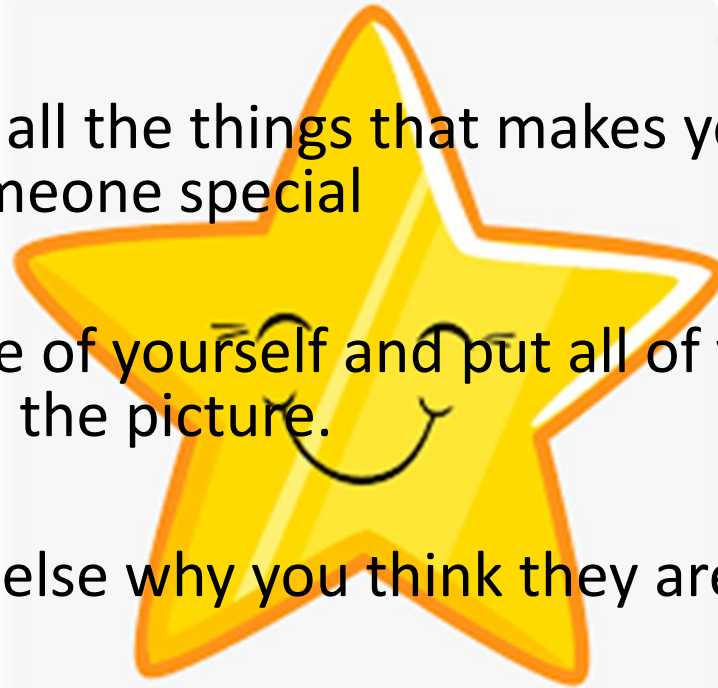


- Make a list of all the things that makes you a superstar and show it to someone special

- Draw a picture of yourself and put all of your marvellous things around the picture.

- Tell someone else why you think they are fantastic

- Perform the song with your actions to someone at school, at home or while you are face-timing them



You are a



**SUPER
STAR**