



Keep Calm and Make Music

One Hit Wonder Workshop

Give Me Courage



Hampshire
County Council



Getting Creative with a Song





Give me Courage...the song

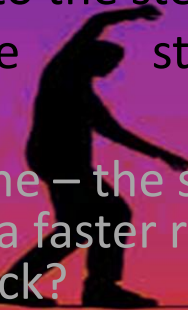
- Listen to the song
- How could you describe this song? Make marks on paper to show the sounds in this song (*are they smooth or spiky? what colours are they?*)
- Write your key words in different colours on a piece of paper
- Count how many times you hear...

You can listen more than once



- courage
- brave
- dive in

- Listen again and move your feet in time with the steady beat, then try tapping your knees in time to the steady beat.
- How else could you keep the steady beat?
- Listen again, notice the drone – the same low note repeating throughout the song. Sometimes it has a faster rhythm – do you notice when it changes? Does it change back?
- Listen again and see how much of the song you can sing along with



Give me Courage...the movie!

Click play on the blue square to watch some real courage



Being brave...



- This song has a call and echo section – hoi! *hoi!*
- Find someone else to call / echo with – come up with your own brave sounding word and “be brave” calling it (*try hoo / haa if you can't think of your own*)



Make strong, scary faces in the mirror
Practise making different brave stances
while you play and sing the song

(arms / legs / face)



Watch this clip of a HAKA.

- It uses strong, rhythmic actions alongside chanting
You are going to work out a “HAKA” to perform with the Courage song

- First, work out a sequence of strong / brave poses
- Then, decide to hold / repeat the pose rhythmically for each phrase
- Now, create a sequence or pattern of moves to using these poses to accompany the song
- Practise and get it ready to perform



...and show yourself off...

Share your performance with someone – maybe you could record it on an iPad and share it with someone else in your family or class.

If you're at home, maybe you could perform whilst face-timing a friend or relative

Enjoy !!